

Racing Systems/Run Project Race Protocol- up to 750-4000 participants

For over 25 years, Racing Systems, Inc. has prided itself in providing a safe, quality and challenging race experience. As such, It is with great sensitivity that we return to live events. Please understand that the knowledge and circumstances surrounding COVID-19 are constantly changing and we will continue to modify our guidelines to ensure a safe and healthy race environment. The included criteria and recommendations are based on known factors at the time of writing. These guidelines may be amended as more information becomes available and will be released at the time.

Racing Systems has established the necessary protocols for a safe race environment and will act responsibly by following recommended guidelines for social distancing, hygiene and wearing protective equipment when appropriate. Each participant, volunteer, staff and spectator will be asked to do their part by following the guidelines that are specifically designed to protect the health and well-being of ALL participants and our host communities. Guidelines will be posted on the event website, included in all participant communication and announced during the event.

Our Commitment

Screening and Education

- All participants, volunteers and staff will be asked to self assess their health and sign a pre-screening document at check in.
- Temperatures will be taken by a no-touch body temperature procedure.
- Anyone that is experiencing a temperature of 100+ will be asked to stay at home.
- We will have temperature checks for staff, volunteers and participants.
- Run Project will provide adequate training for all staff and volunteers for appropriate personal health, hygiene, and safety protocols to prepare for the event.
- A Volunteer Guide will be provided to all volunteers prior to event day and will be reviewed on event morning.
- Anyone that has experienced any symptoms or has been exposed to anyone with symptoms will be asked to self quarantine and not participate until the following are true:
 1. At least 3 days (72 hrs) has passed since recovery.
 - a. Recovery is defined as a resolution of fever without fever-reducing medications and improvements in respiratory symptoms, e.g. cough, shortness of breath, etc.
 2. At least (10) days have passed since symptoms first appeared.

Pre-Race Considerations Social distancing guidelines will be observed and enforced to the best of our ability in accordance with the local and state directives as they stand. Each group will be required to social distance and not congregate with other groups.

Enhanced Hygiene

- Require all participants, volunteers and staff to wear a mask in accordance with local rules if they are unable to maintain at least 6 feet of social distance.
- Disposable gloves will be used by staff and volunteers in applicable areas.
- Post ample signage on-site encouraging regular hand washing, sanitizing and social distancing.
- Have hand washing and sanitizing stations readily available and ample trash receptacles placed around the site.
- Regularly disinfect high touch point areas.
- Require participants, staff, volunteers, and spectators to stay home if they are feeling ill
- Discourage any physical contact.

Contact Free-Packet Pickup

- Events will include the option of pre-mailing packets to participants
- Provide multiple designated areas to pick up a packet
- Enforce the 6 ft. distancing rule in all spaces with social distancing markers in place.
- All staff and volunteers will be required to wear face coverings within 6 feet of anyone.
- Provide various start times for participants in order to avoid groups greater than 10 people.

Masks and Social Distancing

- Outside of racing, participants are asked to wear a facemask at the race site except while running.
- Participants will be required to have face coverings at all times to include: Packet Pick up, Registration, start and finish line corrals. If participants or spectators do not have a mask, one will be provided.

Course Considerations

- All participants will be assigned a wave time to start their particular race and spread out on the courses.
- Participants will be asked to keep plenty of distance from each other on the course at all times.
- Ample space will be allotted at each water station to allow for more room and time for participants to refuel and maintain a safe distance from one another

Start Line

- Once a participant has checked in they will be asked to start their event during their wave time.
- Run Project has several alternative start configurations that may be implemented in order to reduce the number of participants congregating in one area. These setups may include increased number of corrals with smaller participants per corral, multiple starts with a set start time and increased timeframes for releasing of corrals.

- The number of participants included in a wave time will be adjusted in order to fit local protocols and event size.
- All participants will follow the same guidelines for their designated start area and waves.
- Face coverings will be required while in the start area.
- Runners may remove their masks once they have passed the start line and have distanced themselves from other runners
- Information on how our start line format will be provided to each participant in our event guide and they will be reminded at check in as well.

On course support

- All courses will be marked and signed.
- There will be water stops with bottled water on the course.
- Runners will be encouraged to be self sufficient on the course.
- Each water stop will have trash receptacles.
- Trash receptacles will be placed along the course to provide a place for runners to dispose of water bottles along the course.
- Each water stop is self-serve and monitored throughout the day by course teams.
- Course teams will be placed along the course to ensure compliance and for athlete support.
- Each course and volunteer team will wear masks and gloves.

Finish Line

- No one will be permitted to congregate in the finish line area.
- Once a participant has crossed the finish line, they will be asked to leave the area and directed toward an area with a prepackaged swag bag.
- Face coverings will be required as participants finish the race in all post race areas and the finish line.
- Our finish line area will be monitored by medical personnel to assist any participant as needed.
- Only bottled water or whole bananas will be served.

Post Race

- There will be no post race party or awards ceremony
- Results will be posted online.
- Awards will be posted online and awards will be mailed.
- Event tents will be spaced appropriately
- Post-event activities will be determined based on local approvals, they may be modified or in some cases not offered to participants.

Run Project Events

What you will see in most areas:

- Staff and Volunteers will frequently clean and disinfect surfaces
- Proper signage and markers will be placed throughout the venue and course to enforce physical distancing.

- Hand Sanitizing Stations will be accessible throughout venue
- Additional garbage receptacles will be provided
- Portable toilets will be properly spaced
- Extra signage will be out to provide guidance and communication procedures