

TOO HOT TO HANDLE 5K/10K/15K

7/13/2019

ATHLETE GUIDE



NORBUCK PARK, WHITE ROCK LAKE

6:30am – Registration/Packet Pick Up

7:30am - 10K/Half Start

7:35am – 5K Start

9:00am – Awards

11:30 – Course Closed

BENEFITING



WE DELETE BLOOD CANCER

dkms.org

Race Director- Tanna Wood

Race.director@wetimeraces.com





BENEFITTING



WELCOME TO THE 2019 TOO HOT TO HANDLE 5K/10K/Half

WE WILL HAVE A GREAT YEAR WITH OVER 2500 ATHLETES PARTICIPATING IN THIS YEARS RACE. TOO HOT TO HANDLE WILL BENEFIT DKMS (Delete Blood Cancer)

WE ARE HAPPY YOU HAVE JOINED US AND THANK YOU FOR HELPING US “RUN LOCAL, GIVE LOCAL”. WITH YOUR HELP, RUN PROJECT HAS BEEN ABLE TO HELP RAISE OVER \$270,000 FOR LOCAL CHARITIES.

- FINISHER MEDALS FOR ALL RUNNERS
- CUSTOM TANK SHIRTS
- WATER/NUUN/GEL ON THE COURSE (only water on 5K)
- FREE BEER PROVIDED BY 26.2 BREW AND TRULY SPIKED AND SPARKLING(BRING ID)
- KIND BARS
- BAG CHECK
- MUSIC PROVIDED BY DJ DAME
- USATF CERTIFIED COURSES
- ICE TOWELS
- PLENTY OF VENDORS AND FOOD
- GREAT SPONSORS AND VOLUNTEERS
- LOTS OF FUN





PACKET PICK UP - lululemon

Wednesday, July 10th & Thursday, July 11th from 10am to 6:30pm

Dallas - 3201 Knox St - Dallas, TX, 75025

Southlake - 207 Grand Avenue - Southlake, TX, 76092

Plano - 7500 Windrose Ave, Unit B190 - Plano, TX 75024


PACKET PICK UP - Orangetheory

Wednesday, July 10th & Thursday, July 11th from 9am to 7pm

Camp Bowie - 6201 Sunset Dr. Suite 670 - Fort Worth, TX 76116

Race Day at 6:30AM

BENEFITTING Norbuck Park
200 N. Buckner Blvd.
Dallas, TX 75218

DKMS 
WE DELETE BLOOD CANCER
dkms.org

RUN  **PROJECT**
Run Local. Give Local.™



PARKING MAP

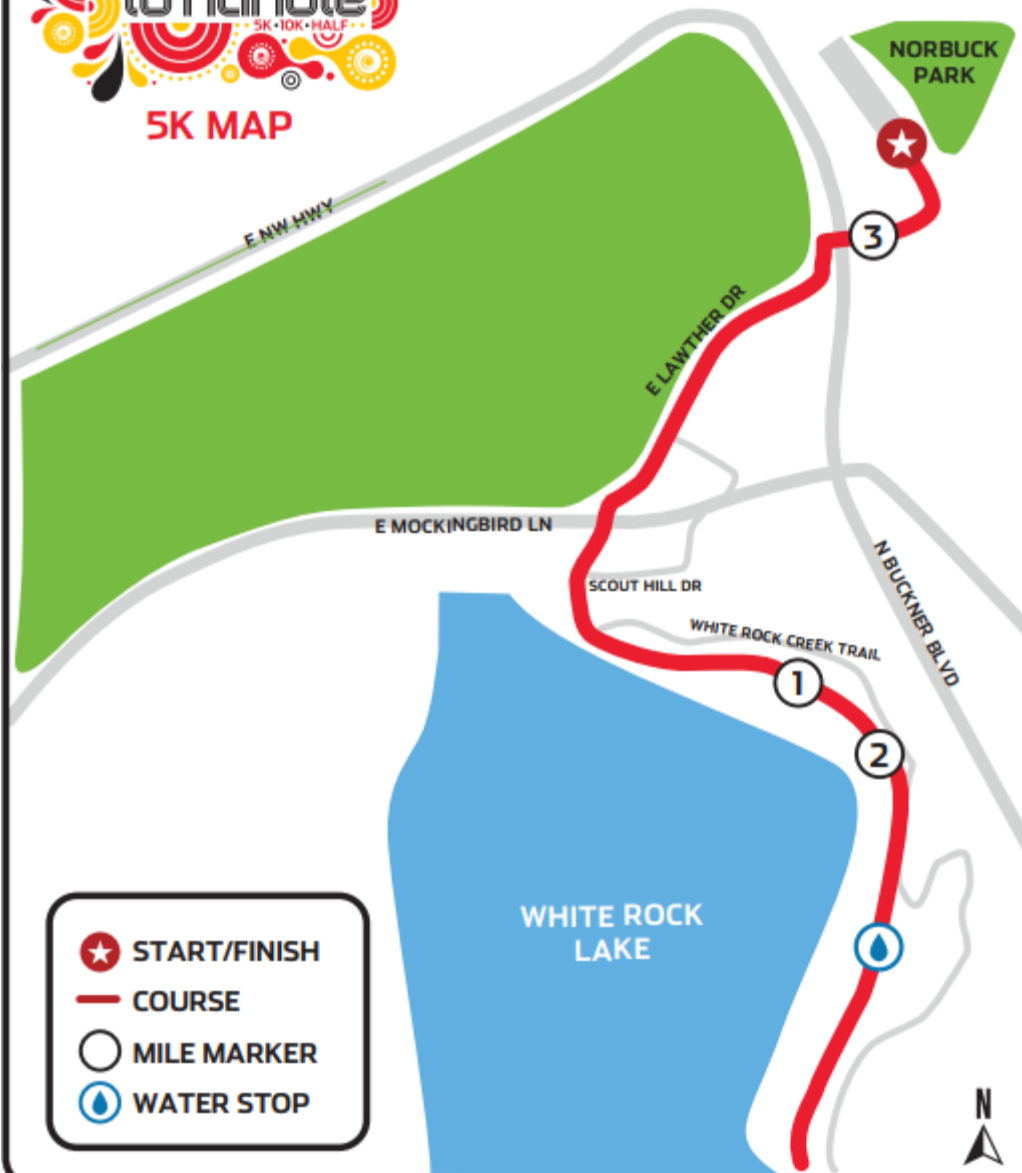
BAG CHECK WILL BE AVAILABLE AT THE EVENT



PLEASE ABIDE BY ALL POSTED AND GENERAL TRAFFIC/PARKING LAWS

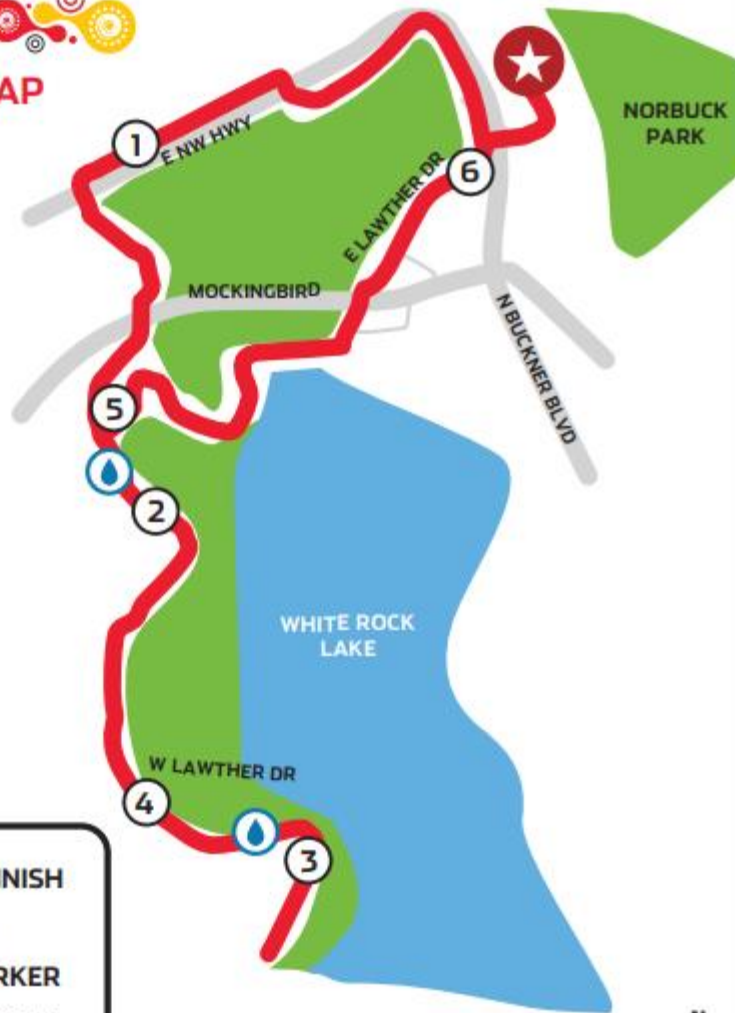


5K MAP





10K MAP



- ★ START/FINISH
- COURSE
- MILE MARKER
- 💧 WATER STOP





HALF MARATHON MAP

-  START/FINISH
-  COURSE
-  MILE MARKER
-  WATER STOP

